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| Health Influences | |
| Anchor Standards:   * Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors. (Standard 2) * Students will demonstrate the ability to access valid information, products, and services and enhance health. (Standard 3) | |
| 4 | Students independently exceed grade level expectations. |
| 3  Learning Goal | 1. **Compare how the school and community can support personal health practices and behaviors. (2.5.4)** 2. **Analyze how technology can influence personal health. (2.5.6)** 3. **Identify resources from home, school, and community that provide valid health information (3.5.2)**   **ANALYSIS** |
| 2 | 1. Identify similarities and differences between how the school and community can support personal health practices and behaviors. 2. Identify technology that impacts your individual health. 3. Identify characteristics of valid health information and resources, products, and services. (3.5.1) |
| 1 | Students’ performance not yet meeting grade level expectations. |
| Academic Vocabulary | *Personal health, community, behaviors, technology, communication, sources, products, factors, influence, services.* |

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| Health Advocacy | |
| Anchor Standards:   * + Students will demonstrate the ability to use decision-making skills to enhance health. (Standard 5)   + Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks. (Standard 7) | |
| 4 | Students independently exceed grade level expectations. |
| 3  Learning Goal | 1. **Analyze the outcomes of a health-related decision. (5.5.6)** 2. **Demonstrate a variety of healthy practices and behaviors to maintain or improve personal health. (7.5.2)**   **ANALYSIS** |
| 2 | 1. Identify a variety of outcomes from a health-related decision. 2. Identify communication skills to help support healthy practices and behaviors to improve personal health. |
| 1 | Student’s performance not yet meeting grade level expectations. |
| Academic Vocabulary | *Health related decision, outcomes, practices, behaviors, improve, personal health* |

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| Healthy Lifestyle | |
| Anchor Standards:   * Students will demonstrate the ability to use goal-setting skills to enhance health. (Standard 6) | |
| 4 | Students independently exceed grade level expectations. |
| 3  Learning Goal | 1. **Set a personal health goal and track progress towards its achievement. 6.5.1**   **KNOWLEDGE UTILIZATION** |
| 2 | 1. Determine resources to assist in achieving a personal health goal 6.5.2 |
| 1 | Student’s performance not yet meeting grade level expectations. not yet meeting grade level expectations. |
| Academic Vocabulary | *goal setting, decision making, health related decisions, health goal, personal goal* |