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| Health Influences | |
| Anchor Standards:   * Students will comprehend concepts related to health promotion and disease prevention to enhance health. (Standard 1) * Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors (Standard 2) | |
| 4 | Students independently exceed grade level expectations. |
| 3  Learning Goal | 1. Describe the relationship between healthy behaviors and personal health. (1.5.1) 2. Identify examples of emotional, intellectual, physical, and social health. (1.5.2) 3. Describe how family influences personal health practices and behaviors (2.5.1) 4. Analyze the influence of culture on health practices and behaviors. (2.5.2) |
| 2 | * 1. Identify health behaviors and personal health.   2. Define emotional, intellectual, physical, and social health.   3. Identify examples of personal health practices and behaviors.   4. Identify culture influences on health practices and behaviors. |
| 1 | Student’s performance not yet meeting grade level expectations. |
| Academic Vocabulary | *physical, mental, emotional, social, environmental, influence, behaviors, prevention, management, technology, medical, advances* |

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| Health Advocacy | |
| Anchor Standards:   * Students will demonstrate the ability to advocate for personal, family, and community health. (Standard 8) | |
| 4 | Students independently exceed grade level expectations. |
| 3  Learning Goal | 1. **Compare opinions and give accurate information about health issues. (8.5.1)**   ANALYSIS |
| 2 | 1. Determine the difference between accurate and inaccurate information about health issues. |
| 1 | Students’ performance not yet meeting grade level expectations. |
| Academic Vocabulary | *healthy, influence, behaviors, prevention, practices, support, communication, positive* |

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| Healthy Lifestyle | |
| Anchor Standard:   * Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks. (Standard 4) * Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks. (Standard 7) | |
| 4 | Students independently exceed grade level expectations. |
| 3  Learning Goal | **A. Demonstrate effective verbal and nonverbal communication skills to enhance health. (4.5.1)**   1. **Demonstrate a variety of healthy practices and behaviors to maintain or improve personal health (7.5.2)**   ANALYSIS |
| 2 | 1. Identify criteria for effective verbal and nonverbal communication skills to enhance health. 2. Identify examples of healthy practices and behaviors to help maintain or improve personal health. |
| 1 | Students’ performance not yet meeting grade level expectations. |
| Academic Vocabulary | Verbal, non-verbal, healthy practices, behaviors, communication, personal health |