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| Health Influences |
| Anchor Standard:* Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors. (Standard 2)
 |
| 4 | Students independently exceed grade level expectations. |
| 3Learning Goal | 1. Explain how peers can influence healthy and unhealthy behaviors. (2.5.3)
2. Explain how media influences thoughts, feelings, and health behaviors. (2.5.5)
 |
| 2 | 1. Identify healthy and unhealthy behaviors.
2. Classify thoughts, feelings, and health behaviors in the media.
 |
| 1 | Student’s performance not yet meeting grade level expectations. |
| Academic Vocabulary | *Peers, influences, healthy, unhealthy, behaviors, media, feelings* |

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| Health Advocacy |
| Anchor Standard:* Students will demonstrate the ability to use decision-making skills to enhance health. (Standard 5)
 |
| 4 | Students independently exceed grade level expectations. |
| 3Learning Goal | * 1. Analyze when assistance is needed in making a health-related decision. (5.5.2)
	2. Choose a healthy option when making a decision. (5.5.4)
	3. Predict the potential outcomes of each option when making a health-related decision. (5.5.4)
 |
| 2 | * 1. Describe the outcomes of a health-related decision. (5.5.6)
	2. List healthy options to health-related issues or problems (5.5.3)
	3. Identify health-related situations that might require a thoughtful decision. (5.5.1)
 |
| 1 | Student’s performance not yet meeting grade level expectations. |
| Academic Vocabulary | Assistance, health-related decisions, healthy, unhealthy, outcomes, health related issues |

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| Healthy Lifestyle |
| Anchor Standard: * Students will demonstrate the ability to use goal-setting skills to enhance health. (Standard 6)
 |
| 4 | Students independently exceed grade level expectations. |
| 3Learning Goal | **A. Create an action plan to assist in achieving a person health goal.** ANALYSIS |
| 2 | 1. Identify resources to assist in achieving a personal health goal. (6.5.2)
 |
| 1 | Student’s performance not yet meeting grade level expectations. |
| Academic Vocabulary | *Goal setting, action plan, health plan, assist, resources*  |